

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Pelt Marie

Coaches: Bogaert Ciaran

Coaches: Kindt Joachim HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 20: 100M BUTTERFLY WOMEN 11+			Heat:1, starttime: 14:02
Heat: 1/2 Lane : 7 Athlete: DUYTSCHAEVER LOTTE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:46.27 SB: no time
PB	5 0 M	1 0 0 M	
	no time	no time	
	no time		
			

Coach feedback:

Event number: 20: 100M BUTTERFLY WOMEN 11+			Heat:2, starttime: 14:04
Heat: 2/2 Lane : 2 Athlete: BULLEN LOTTE			Q-time: 01:17:73
PB (50m pool): 01:17.73 Lochristi 01/02/2026			PB (25m pool): 01:17.11 SB: 01:17.73 Lochristi 01/02/2026
PB	5 0 M	1 0 0 M	
	no time	01:17.73	
	no time		
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:1, starttime: 14:07
Heat: 1/4 Lane : 3 Athlete: DEBOLLE KYAN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
PB	5 0 M	1 0 0 M	
	no time	no time	
	no time		
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:2, starttime: 14:09
Heat: 2/4 Lane : 2 Athlete: VERHAEVERT FEN			Q-time: 01:32:63
PB (50m pool): 01:32.63 Aalst 20/12/2025			PB (25m pool): 01:31.40 SB: 01:32.63 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:40.96	01:32.63	
	00:40.96	00:51.67	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:2, starttime: 14:09
Heat: 2/4 Lane : 3 Athlete: DE DONDER THOR			Q-time: 01:22:86
PB (50m pool): 01:22.86 Antwerpen 15/03/2026			PB (25m pool): 01:23.81 SB: 01:22.86 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.13	01:22.86	
	00:39.13	00:43.73	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 14:11
Heat: 3/4 Lane : 2 Athlete: VERHAEVERT NAN			Q-time: 01:12:24
PB (50m pool): 01:12.24 Antwerpen 15/03/2026			PB (25m pool): 01:11.59 SB: 01:12.24 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:33.30	01:12.24	
	00:33.30	00:38.94	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 14:11
Heat: 3/4 Lane : 5 Athlete: DEKYVERE MATHIAS			Q-time: 01:09:74
PB (50m pool): 01:09.74 Antwerpen 13/07/2025			PB (25m pool): 01:08.48 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.75	01:09.74	
	00:30.75	00:38.99	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:4, starttime: 14:13
Heat: 4/4 Lane : 2 Athlete: VIDTS BRECHT			Q-time: 01:05:24
PB (50m pool): 01:05.24 Antwerpen 13/07/2025			PB (25m pool): 01:09.31 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.23	01:05.24	
	00:29.23	00:36.01	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:2, starttime: 14:18
Heat: 2/9 Lane : 6 Athlete: VELLEMAN'S LORE			Q-time: 01:42:59
PB (50m pool): 01:42.59 Antwerpen 13/07/2025			PB (25m pool): 01:36.66 SB: no time
	5 0 M	1 0 0 M	
PB	00:51.26	01:42.59	
	00:51.26	00:51.33	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 14:21
Heat: 3/9 Lane : 1 Athlete: DENEFF ELLA			Q-time: 01:38:54
PB (50m pool): 01:38.54 Antwerp 02/02/2025			PB (25m pool): 01:30.21 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.52	01:38.54	
	00:47.52	00:51.02	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 14:21
Heat: 3/9 Lane : 3 Athlete: VANDORPE AMBER			Q-time: 01:34:80
PB (50m pool): 01:34.80 Antwerpen 15/03/2026			PB (25m pool): 01:33.03 SB: 01:34.80 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:47.38	01:34.80	
	00:47.38	00:47.42	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 14:21
Heat: 3/9 Lane : 4 Athlete: VAN LAETHEM MILA			Q-time: 01:32:82
PB (50m pool): 01:32.82 Antwerpen 15/03/2026			PB (25m pool): 01:33.25 SB: 01:32.82 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:44.46	01:32.82	
	00:44.46	00:48.36	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 14:21
Heat: 3/9 Lane : 7 Athlete: VAN AUDENHOVE LAURE			Q-time: 01:38:27
PB (50m pool): 01:38.27 Aalst 20/12/2025			PB (25m pool): no time SB: 01:38.27 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:45.57	01:38.27	
	00:45.57	00:52.70	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:4, starttime: 14:24
Heat: 4/9 Lane : 3 Athlete: JACOB EMMA			Q-time: 01:29:14
PB (50m pool): 01:29.14 Antwerpen 15/03/2026			PB (25m pool): 01:25.81 SB: 01:29.14 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:45.26	01:29.14	
	00:45.26	00:43.88	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:5, starttime: 14:26
Heat: 5/9 Lane : 1 Athlete: KEMSEKE JENNE			Q-time: 01:26:50
PB (50m pool): 01:26.50 LOCHRISTI 25/01/2026			PB (25m pool): 01:24.87 SB: 01:26.50 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:26.50	
	no time		
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 14:29
Heat: 6/9 Lane : 1 Athlete: VAN DORPE ADA			Q-time: 01:22:50
PB (50m pool): 01:22.50 Antwerpen 15/03/2026			PB (25m pool): 01:18.65 SB: 01:22.50 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:40.07	01:22.50	
	00:40.07	00:42.43	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:7, starttime: 14:31
Heat: 7/9 Lane : 1 Athlete: LEGRAND ALICIA			Q-time: 01:20:79
PB (50m pool): 01:20.79 Antwerpen 15/03/2026			PB (25m pool): 01:20.43 SB: 01:20.79 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.64	01:20.79	
	00:39.64	00:41.15	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:7, starttime: 14:31
Heat: 7/9 Lane : 3 Athlete: BAYENS NINA			Q-time: 01:19:13
PB (50m pool): 01:19.13 Aalst 20/12/2025			PB (25m pool): 01:16.59 SB: 01:19.13 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:37.95	01:19.13	
	00:37.95	00:41.18	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:7, starttime: 14:31
Heat: 7/9 Lane : 5 Athlete: RUYSSINCK DIEDE			Q-time: 01:19:04
PB (50m pool): 01:19.04 Aalst 11/05/2025			PB (25m pool): 01:14.22 SB: no time
	5 0 M	1 0 0 M	
PB	00:37.81	01:19.04	
	00:37.81	00:41.23	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:7, starttime: 14:31
Heat: 7/9 Lane : 6 Athlete: DE TROYER ELISE			Q-time: 01:19:25
PB (50m pool): 01:19.25 LOCHRISTI 25/01/2026			PB (25m pool): 01:15.79 SB: 01:19.25 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:19.25	
	no time		
			

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 11+			Heat:8, starttime: 14:34
Heat: 8/9 Lane : 1 Athlete: OSSELAER KATO			Q-time: 01:18:55
PB (50m pool): 01:18.55 Antwerpen 15/03/2026			PB (25m pool): 01:16.08 SB: 01:18.55 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.49	01:18.55	
	00:38.49	00:40.06	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:1, starttime: 14:38
Heat: 1/7 Lane : 3 Athlete: VAN CALENBERGH NATHAN			Q-time: 01:41:08
PB (50m pool): 01:41.08 Antwerp 02/02/2025			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	00:47.53	01:41.08	
	00:47.53	00:53.55	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:1, starttime: 14:38
Heat: 1/7 Lane : 4 Athlete: LANCKMAN CAS			Q-time: 01:38:53
PB (50m pool): 01:38.53 Aalst 20/12/2025			PB (25m pool): 01:44.89 SB: 01:38.53 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:48.66	01:38.53	
	00:48.66	00:49.87	
			

Coach feedback:

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Event number: 23: 100M BACKSTROKE MEN 11+			Heat:1, starttime: 14:38
Heat: 1/7 Lane : 5 Athlete: LEBBE ILAN			Q-time: 01:39:01
PB (50m pool): 01:39.01 Antwerp 02/02/2025			PB (25m pool): 01:31.55 SB: no time
	5 0 M	1 0 0 M	
PB	00:46.21	01:39.01	
	00:46.21	00:52.80	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:1, starttime: 14:38
Heat: 1/7 Lane : 8 Athlete: CETIN ENES			Q-time: 99:99:99
PB (50m pool): 01:28.12 Antwerpen 16/07/2023			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:28.12	
	no time		
			

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:2, starttime: 14:41
Heat: 2/7 Lane : 4 Athlete: EL AMRANI WAIL			Q-time: 01:26:77
PB (50m pool): 01:26.77 LOCHRISTI 25/01/2026			PB (25m pool): 01:25.88 SB: 01:26.77 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:26.77	
	no time		
			

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:2, starttime: 14:41
Heat: 2/7 Lane : 5 Athlete: DEBOLLE KYAN			Q-time: 01:28:68
PB (50m pool): 01:28.68 Antwerpen 15/03/2026			PB (25m pool): no time SB: 01:28.68 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:43.10	01:28.68	
	00:43.10	00:45.58	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:2, starttime: 14:41
Heat: 2/7 Lane : 7 Athlete: BUELENS RUUD			Q-time: 01:34:35
PB (50m pool): 01:34.35 Antwerp 02/02/2025			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	00:46.36	01:34.35	
	00:46.36	00:47.99	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:3, starttime: 14:44
Heat: 3/7 Lane : 1 Athlete: DE RIDDER LEON			Q-time: 01:24:81
PB (50m pool): 01:24.81 Antwerpen 15/03/2026			PB (25m pool): 01:22.91 SB: 01:24.81 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:41.16	01:24.81	
	00:41.16	00:43.65	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:3, starttime: 14:44
Heat: 3/7 Lane : 5 Athlete: DE BACKER RUNE			Q-time: 01:21:73
PB (50m pool): 01:21.73 LOCHRISTI 25/01/2026			PB (25m pool): 01:18.22 SB: 01:21.73 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:21.73	
	no time		
			

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:4, starttime: 14:46
Heat: 4/7 Lane : 2 Athlete: BLONDEEL NILS			Q-time: 01:18:67
PB (50m pool): 01:18.67 Aalst 20/12/2025			PB (25m pool): no time SB: 01:18.67 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:36.73	01:18.67	
	00:36.73	00:41.94	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 14:49
Heat: 5/7 Lane : 2 Athlete: VERNAILLEN SEPPE			Q-time: 01:14:06
PB (50m pool): 01:14.06 Antwerpen 08/03/2026			PB (25m pool): 01:10.76 SB: 01:14.06 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:35.48	01:14.06	
	00:35.48	00:38.58	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 14:49
Heat: 5/7 Lane : 3 Athlete: DE WITTE JUUL			Q-time: 01:13:38
PB (50m pool): 01:13.38 Antwerpen 15/03/2026			PB (25m pool): 01:09.59 SB: 01:13.38 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.94	01:13.38	
	00:35.94	00:37.44	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 14:49
Heat: 5/7 Lane : 5 Athlete: OSSELAER ELANO			Q-time: 01:11:85
PB (50m pool): 01:11.85 Antwerpen 15/03/2026			PB (25m pool): 01:10.17 SB: 01:11.85 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.06	01:11.85	
	00:34.06	00:37.79	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 14:53
Heat: 7/7 Lane : 8 Athlete: WOJCIULA TYMON			Q-time: 01:05:36
PB (50m pool): 01:05.36 Antwerpen 15/03/2026			PB (25m pool): 01:04.01 SB: 01:05.36 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:32.47	01:05.36	
	00:32.47	00:32.89	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 26: 400M FREESTYLE WOMEN 15+							Heat:1, starttime: 15:09	
Heat: 1/1 Lane : 1 Athlete: VERMEIR NORE							Q-time: 05:42:99	
PB (50m pool): 05:42.99 LOCHRISTI 25/01/2026				PB (25m pool): no time SB: 05:42.99 LOCHRISTI 25/01/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:18.29	no time	02:46.42	no time	no time	no time	05:42.99
	<i>no time</i>							
								

Coach feedback:

Event number: 26: 400M FREESTYLE WOMEN 15+							Heat:1, starttime: 15:09	
Heat: 1/1 Lane : 2 Athlete: HOEBEECK TINNE							Q-time: 05:24:04	
PB (50m pool): 05:24.04 Lochristi 01/02/2026				PB (25m pool): 05:21.57 SB: 05:24.04 Lochristi 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:15.92	no time	02:39.94	no time	no time	no time	05:24.04
	<i>no time</i>							
								

Coach feedback:

Event number: 27: 400M FREESTYLE MEN 15+							Heat:1, starttime: 15:16	
Heat: 1/1 Lane : 5 Athlete: CAUDRON XIBE							Q-time: 04:30:90	
PB (50m pool): 04:30.90 Lochristi 01/02/2026				PB (25m pool): 04:24.87 SB: 04:30.90 Lochristi 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:02.27	no time	02:11.22	no time	no time	no time	04:30.90
	<i>no time</i>							
								

Coach feedback:

Event number: 27: 400M FREESTYLE MEN 15+							Heat:1, starttime: 15:16	
Heat: 1/1 Lane : 6 Athlete: STASSIJNS NAND							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): 05:15.07 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 29: 100M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 15:24
Heat: 1/4 Lane : 4 Athlete: BADIDI CHAHD			Q-time: 01:47:19
PB (50m pool): 01:47.19 Antwerpen 15/03/2026			PB (25m pool): 01:43.29 SB: 01:47.19 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:51.17	01:47.19	
	00:51.17	00:56.02	
			

Coach feedback:

Event number: 29: 100M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 15:24
Heat: 1/4 Lane : 5 Athlete: DE ZWAEF EMMA			Q-time: 01:48:32
PB (50m pool): 01:48.32 Antwerpen 15/03/2026			PB (25m pool): 01:54.58 SB: 01:48.32 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:51.40	01:48.32	
	00:51.40	00:56.92	
			

Coach feedback:

Event number: 29: 100M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 15:26
Heat: 2/4 Lane : 3 Athlete: DE GROOTE LIESL			Q-time: 01:38:34
PB (50m pool): 01:38.34 WACHTEBEKE 19/01/2025			PB (25m pool): 01:39.50 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:38.34	
	no time		
			

Coach feedback:

Event number: 29: 100M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 15:26
Heat: 2/4 Lane : 8 Athlete: DENEFF ELLA			Q-time: 01:46:00
PB (50m pool): 01:46.00 Aalst 20/12/2025			PB (25m pool): 01:55.52 SB: 01:46.00 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:50.68	01:46.00	
	00:50.68	00:55.32	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 29: 100M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 15:29
Heat: 3/4 Lane : 3 Athlete: VERMEIR NORE			Q-time: 01:31:89
PB (50m pool): 01:31.89 WACHTEBEKE 19/01/2025			PB (25m pool): 01:28.42 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:31.89	
	no time		
			

Coach feedback:

Event number: 29: 100M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 15:29
Heat: 3/4 Lane : 5 Athlete: KEMSEKE JENNE			Q-time: 01:31:85
PB (50m pool): 01:31.85 Lochristi 01/02/2026			PB (25m pool): 01:32.87 SB: 01:31.85 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:31.85	
	no time		
			

Coach feedback:

Event number: 29: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 15:31
Heat: 4/4 Lane : 1 Athlete: REYCHLER JINNE			Q-time: 01:26:79
PB (50m pool): 01:26.79 Antwerpen 13/07/2025			PB (25m pool): 01:25.13 SB: 01:28.42 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	00:39.90	01:26.79	
	00:39.90	00:46.89	
			

Coach feedback:

Event number: 29: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 15:31
Heat: 4/4 Lane : 2 Athlete: OSSELAER KATO			Q-time: 01:23:89
PB (50m pool): 01:23.89 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:23.96 SB: 01:32.11 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	00:39.58	01:23.89	
	00:39.58	00:44.31	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 29: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 15:31
Heat: 4/4 Lane : 3 Athlete: RUYSSINCK DIEDE			Q-time: 01:22:30
PB (50m pool): 01:22.30 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:19.20 SB: 01:23.04 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M	
PB	00:38.72	01:22.30	
	00:38.72	00:43.58	
			

Coach feedback:

Event number: 29: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 15:31
Heat: 4/4 Lane : 5 Athlete: DE SMET LILY			Q-time: 01:22:20
PB (50m pool): 01:22.20 Antwerpen 08/03/2026 PB (25m pool): 01:22.26 SB: 01:22.20 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M	
PB	00:38.83	01:22.20	
	00:38.83	00:43.37	
			

Coach feedback:

Event number: 29: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 15:31
Heat: 4/4 Lane : 8 Athlete: VAN NIEUWENHUYSE LOTTE			Q-time: 01:28:22
PB (50m pool): 01:28.22 Antwerpen 15/03/2026 PB (25m pool): 01:27.53 SB: 01:28.22 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:41.54	01:28.22	
	00:41.54	00:46.68	
			

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 15:34
Heat: 1/5 Lane : 2 Athlete: WOJCIULA TYMON			Q-time: 99:99:99
PB (50m pool): 01:35.54 Antwerp 04/02/2024 PB (25m pool): 01:21.16 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:35.54	
	no time		
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 15:34
Heat: 1/5 Lane : 3 Athlete: LANCKMAN CAS			Q-time: 02:07:89
PB (50m pool): 02:07.89 Antwerpen 15/03/2026			PB (25m pool): 02:13.39 SB: 02:07.89 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	01:01.91	02:07.89	
	01:01.91	01:05.98	
			

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 15:34
Heat: 1/5 Lane : 6 Athlete: DEBOLLE LYAM			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:2, starttime: 15:36
Heat: 2/5 Lane : 7 Athlete: DE RIDDER LEON			Q-time: 01:39:30
PB (50m pool): 01:39.30 Antwerpen 15/03/2026			PB (25m pool): 01:39.40 SB: 01:39.30 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:46.16	01:39.30	
	00:46.16	00:53.14	
			

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 15:39
Heat: 3/5 Lane : 3 Athlete: DE BACKER RUNE			Q-time: 01:22:85
PB (50m pool): 01:22.85 Antwerpen 13/07/2025			PB (25m pool): 01:21.91 SB: 01:23.64 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:38.41	01:22.85	
	00:38.41	00:44.44	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 15:39
Heat: 3/5 Lane : 4 Athlete: TER-EGANYAN ARMAN			Q-time: 01:21:73
PB (50m pool): 01:21.73 Lochristi 01/02/2026			PB (25m pool): 01:17.81 SB: 01:21.73 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:21.73	
	no time		
			

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 15:39
Heat: 3/5 Lane : 5 Athlete: DE DONDER THOR			Q-time: 01:22:58
PB (50m pool): 01:22.58 Antwerpen 15/03/2026			PB (25m pool): 01:22.68 SB: 01:22.58 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.98	01:22.58	
	00:39.98	00:42.60	
			

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 15:39
Heat: 3/5 Lane : 7 Athlete: DE WITTE JUUL			Q-time: 01:27:69
PB (50m pool): 01:27.69 WACHTEBEKE 19/01/2025			PB (25m pool): 01:26.36 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:27.69	
	no time		
			

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 15:39
Heat: 3/5 Lane : 8 Athlete: BOMBEECK MATHIAS			Q-time: 01:28:13
PB (50m pool): 01:28.13 Antwerpen 15/03/2026			PB (25m pool): 01:28.59 SB: 01:28.13 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:41.04	01:28.13	
	00:41.04	00:47.09	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 15:41
Heat: 4/5 Lane : 2 Athlete: WALTNIEL NAND			Q-time: 01:17:23
PB (50m pool): 01:17.23 Lochristi 01/02/2026			PB (25m pool): 01:14.50 SB: 01:17.23 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:17.23	
	no time		
			

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 15:41
Heat: 4/5 Lane : 6 Athlete: WALTNIEL BAVO			Q-time: 01:16:89
PB (50m pool): 01:16.89 Antwerpen 08/03/2026			PB (25m pool): 01:16.26 SB: 01:16.89 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:36.49	01:16.89	
	00:36.49	00:40.40	
			

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 15:43
Heat: 5/5 Lane : 1 Athlete: VIDTS BRECHT			Q-time: 01:13:89
PB (50m pool): 01:13.89 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:11.64 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.94	01:13.89	
	00:33.94	00:39.95	
			

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 15:43
Heat: 5/5 Lane : 4 Athlete: DE SCHRYVER NOAH			Q-time: 01:01:81
PB (50m pool): 01:01.81 Antwerpen 27/04/2025			PB (25m pool): 00:59.00 SB: 01:02.12 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:29.02	01:01.81	
	00:29.02	00:32.79	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 15:43
Heat: 5/5 Lane : 7 Athlete: DEKYVERE MATHIAS			Q-time: 01:13:02
PB (50m pool): 01:13.02 Antwerpen 22/03/2026			PB (25m pool): 01:12.52 SB: 01:13.02 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:33.26	01:13.02	
	00:33.26	00:39.76	
			

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 15:43
Heat: 5/5 Lane : 8 Athlete: CATRY GAETAN			Q-time: 01:14:31
PB (50m pool): 01:14.31 Antwerpen 15/03/2026			PB (25m pool): 01:11.77 SB: 01:14.31 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:33.83	01:14.31	
	00:33.83	00:40.48	
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:48
Heat: 2/11 Lane : 1 Athlete: VANDORPE AMBER			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:35.76 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:48
Heat: 2/11 Lane : 2 Athlete: TALHAOUI HANA			Q-time: 01:32:82
PB (50m pool): 01:32.82 Antwerpen 13/07/2025			PB (25m pool): 01:29.31 SB: no time
	5 0 M	1 0 0 M	
PB	00:45.17	01:32.82	
	00:45.17	00:47.65	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 15:50
Heat: 3/11 Lane : 1 Athlete: VELLEMAN'S LORE			Q-time: 01:27:27
PB (50m pool): 01:27.27 Aalst 11/05/2025			PB (25m pool): 01:18.69 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.82	01:27.27	
	00:41.82	00:45.45	
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 15:50
Heat: 3/11 Lane : 2 Athlete: VAN LAETHEM MILA			Q-time: 01:24:56
PB (50m pool): 01:24.56 Antwerpen 15/03/2026			PB (25m pool): 01:22.18 SB: 01:24.56 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.58	01:24.56	
	00:39.58	00:44.98	
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 15:50
Heat: 3/11 Lane : 5 Athlete: DE ZWAEF EMMA			Q-time: 01:22:38
PB (50m pool): 01:22.38 Antwerpen 15/03/2026			PB (25m pool): 01:24.03 SB: 01:22.38 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.69	01:22.38	
	00:39.69	00:42.69	
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 15:50
Heat: 3/11 Lane : 6 Athlete: DUYTSCHAEVER LOTTE			Q-time: 01:24:24
PB (50m pool): 01:24.24 Aalst 28/06/2025			PB (25m pool): 01:20.11 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.92	01:24.24	
	00:38.92	00:45.32	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 15:50
Heat: 3/11 Lane : 7 Athlete: VAN CALENBERGH LENA			Q-time: 01:25:32
PB (50m pool): 01:25.32 Antwerpen 15/03/2026			PB (25m pool): 01:28.51 SB: 01:25.32 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:41.58	01:25.32	
	00:41.58	00:43.74	
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:4, starttime: 15:52
Heat: 4/11 Lane : 5 Athlete: JACOB EMMA			Q-time: 01:15:47
PB (50m pool): 01:15.47 Antwerpen 15/03/2026			PB (25m pool): 01:13.85 SB: 01:15.47 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:37.07	01:15.47	
	00:37.07	00:38.40	
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:4, starttime: 15:52
Heat: 4/11 Lane : 6 Athlete: BADIDI CHAHD			Q-time: 01:16:08
PB (50m pool): 01:16.08 Antwerpen 15/03/2026			PB (25m pool): 01:15.66 SB: 01:16.08 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:37.22	01:16.08	
	00:37.22	00:38.86	
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:5, starttime: 15:54
Heat: 5/11 Lane : 1 Athlete: LEGRAND ALICIA			Q-time: 01:13:43
PB (50m pool): 01:13.43 Antwerpen 13/07/2025			PB (25m pool): 01:12.25 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.89	01:13.43	
	00:34.89	00:38.54	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:5, starttime: 15:54
Heat: 5/11 Lane : 3 Athlete: VAN NIEUWENHUYSE LOTTE			Q-time: 01:12:30
PB (50m pool): 01:12.30 Lochristi 01/02/2026			PB (25m pool): 01:12.67 SB: 01:12.30 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:12.30	
	no time		
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:7, starttime: 15:58
Heat: 7/11 Lane : 1 Athlete: HOEBEECK TINNE			Q-time: 01:09:61
PB (50m pool): 01:09.61 Aalst 11/05/2025			PB (25m pool): 01:07.84 SB: 01:09.72 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	00:33.55	01:09.61	
	00:33.55	00:36.06	
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:00
Heat: 8/11 Lane : 5 Athlete: VAN DORPE ADA			Q-time: 01:07:35
PB (50m pool): 01:07.35 Antwerpen 15/03/2026			PB (25m pool): 01:07.13 SB: 01:07.35 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:32.05	01:07.35	
	00:32.05	00:35.30	
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:00
Heat: 8/11 Lane : 8 Athlete: DE TROYER ELISE			Q-time: 01:07:71
PB (50m pool): 01:07.71 Antwerpen 15/03/2026			PB (25m pool): 01:07.26 SB: 01:07.71 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:32.62	01:07.71	
	00:32.62	00:35.09	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:9, starttime: 16:01
Heat: 9/11 Lane : 6 Athlete: BULLEN LOTTE			Q-time: 01:06:60
PB (50m pool): 01:06.60 Antwerpen 15/03/2026			PB (25m pool): 01:05.12 SB: 01:06.60 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:31.87	01:06.60	
	00:31.87	00:34.73	
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:10, starttime: 16:03
Heat: 10/11 Lane : 1 Athlete: OSSELAER GEIKE			Q-time: 01:05:41
PB (50m pool): 01:05.41 Antwerpen 15/03/2026			PB (25m pool): 01:05.10 SB: 01:05.41 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:31.54	01:05.41	
	00:31.54	00:33.87	
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:10, starttime: 16:03
Heat: 10/11 Lane : 2 Athlete: BAYENS NINA			Q-time: 01:04:97
PB (50m pool): 01:04.96 Aalst 11/05/2025			PB (25m pool): 01:04.18 SB: 01:08.41 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	00:31.60	01:04.96	
	00:31.60	00:33.36	
			

Coach feedback:

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:10, starttime: 16:03
Heat: 10/11 Lane : 8 Athlete: DE GROOTE LIESL			Q-time: 01:05:64
PB (50m pool): 01:05.64 Antwerpen 15/03/2026			PB (25m pool): 01:05.54 SB: 01:05.64 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:32.24	01:05.64	
	00:32.24	00:33.40	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 31: 100M FREESTYLE WOMEN 11+			Heat:11, starttime: 16:05
Heat: 11/11 Lane : 5 Athlete: EELBODE EMELIE			Q-time: 00:59:17
PB (50m pool): 00:59.17 Antwerpen 08/03/2026			PB (25m pool): 00:59.44 SB: 00:59.17 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:28.91	00:59.17	
	00:28.91	00:30.26	
			

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:1, starttime: 16:07
Heat: 1/10 Lane : 2 Athlete: MILO ARTUUR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:1, starttime: 16:07
Heat: 1/10 Lane : 4 Athlete: CAUDRON NYLO			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:1, starttime: 16:07
Heat: 1/10 Lane : 5 Athlete: DE COEN VICTOR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 32: 100M FREESTYLE MEN 11+			Heat:1, starttime: 16:07
Heat: 1/10 Lane : 7 Athlete: DEBOLLE YBEN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	no time		

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:2, starttime: 16:09
Heat: 2/10 Lane : 2 Athlete: VERHAEVERT FEN			Q-time: 01:20:85
PB (50m pool): 01:20.85 Antwerpen 13/07/2025			PB (25m pool): 01:14.55 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.09	01:20.85	
	00:40.09	00:40.76	
	no time	no time	

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:2, starttime: 16:09
Heat: 2/10 Lane : 6 Athlete: VAN CALENBERGH NATHAN			Q-time: 01:20:06
PB (50m pool): 01:20.06 Aalst 20/12/2025			PB (25m pool): 01:19.11 SB: 01:20.06 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:38.80	01:20.06	
	00:38.80	00:41.26	
	no time	no time	

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:2, starttime: 16:09
Heat: 2/10 Lane : 8 Athlete: KEPPENS RéMI			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	no time		

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 32: 100M FREESTYLE MEN 11+			Heat:3, starttime: 16:11
Heat: 3/10 Lane : 5 Athlete: EL AMRANI WAIL			Q-time: 01:11:28
PB (50m pool): 01:11.28 Antwerpen 13/07/2025			PB (25m pool): 01:25.44 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.89	01:11.28	
	00:34.89	00:36.39	
			

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:3, starttime: 16:11
Heat: 3/10 Lane : 7 Athlete: WALTNIEL BAVO			Q-time: 01:13:12
PB (50m pool): 01:13.12 Antwerpen 13/07/2025			PB (25m pool): 01:04.39 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.32	01:13.12	
	00:35.32	00:37.80	
			

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:4, starttime: 16:13
Heat: 4/10 Lane : 6 Athlete: BLONDEEL NILS			Q-time: 01:09:19
PB (50m pool): 01:09.19 Lochristi 01/02/2026			PB (25m pool): 01:05.52 SB: 01:09.19 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:09.19	
	no time		
			

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:5, starttime: 16:15
Heat: 5/10 Lane : 8 Athlete: TER-EGANYAN ARMAN			Q-time: 01:07:10
PB (50m pool): 01:07.10 Antwerpen 15/03/2026			PB (25m pool): 01:05.85 SB: 01:07.10 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:31.27	01:07.10	
	00:31.27	00:35.83	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 32: 100M FREESTYLE MEN 11+			Heat:6, starttime: 16:17
Heat: 6/10 Lane : 1 Athlete: CETIN ENES			Q-time: 01:04:77
PB (50m pool): 01:04.77 Antwerpen 13/07/2025			PB (25m pool): 01:05.41 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.67	01:04.77	
	00:30.67	00:34.10	
			

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:6, starttime: 16:17
Heat: 6/10 Lane : 2 Athlete: BOMBEECK MATHIAS			Q-time: 01:04:39
PB (50m pool): 01:04.39 Antwerpen 15/03/2026			PB (25m pool): 01:05.22 SB: 01:04.39 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:30.94	01:04.39	
	00:30.94	00:33.45	
			

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:6, starttime: 16:17
Heat: 6/10 Lane : 3 Athlete: JANSOONE DENNIS			Q-time: 01:03:84
PB (50m pool): 01:03.84 Aalst 28/06/2025			PB (25m pool): 01:02.57 SB: 01:04.62 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:31.69	01:03.84	
	00:31.69	00:32.15	
			

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:7, starttime: 16:19
Heat: 7/10 Lane : 4 Athlete: AHALLAL ADAM			Q-time: 01:02:19
PB (50m pool): 01:02.19 Antwerp 02/02/2025			PB (25m pool): 01:00.30 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.89	01:02.19	
	00:29.89	00:32.30	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 32: 100M FREESTYLE MEN 11+			Heat:7, starttime: 16:19
Heat: 7/10 Lane : 6 Athlete: VERNAILLEN SEPPE			Q-time: 01:03:17
PB (50m pool): 01:03.17 Antwerpen 08/03/2026			PB (25m pool): 01:05.66 SB: 01:03.17 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:29.66	01:03.17	
	00:29.66	00:33.51	
			

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:7, starttime: 16:19
Heat: 7/10 Lane : 7 Athlete: OSSELAER ELANO			Q-time: 01:03:30
PB (50m pool): 01:03.30 Antwerpen 15/03/2026			PB (25m pool): 01:02.21 SB: 01:03.30 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:30.54	01:03.30	
	00:30.54	00:32.76	
			

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:8, starttime: 16:20
Heat: 8/10 Lane : 7 Athlete: VERHAEVERT NAN			Q-time: 01:00:76
PB (50m pool): 01:00.76 Lochristi 01/02/2026			PB (25m pool): 00:59.78 SB: 01:00.76 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:00.76	
	no time		
			

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:10, starttime: 16:24
Heat: 10/10 Lane : 1 Athlete: CATRY GAETAN			Q-time: 00:56:87
PB (50m pool): 00:56.87 Antwerpen 15/03/2026			PB (25m pool): 00:56.40 SB: 00:56.87 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:27.27	00:56.87	
	00:27.27	00:29.60	
			

Coach feedback:

Memorial H Braeckman: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 32: 100M FREESTYLE MEN 11+			Heat:10, starttime: 16:24
Heat: 10/10 Lane : 5 Athlete: DE SCHRYVER NOAH			Q-time: 00:54:15
PB (50m pool): 00:54.15 Aalst 28/06/2025			PB (25m pool): 00:52.58 SB: no time
	5 0 M	1 0 0 M	
PB	00:26.24	00:54.15	
	00:26.24	00:27.91	
			

Coach feedback:

Event number: 32: 100M FREESTYLE MEN 11+			Heat:10, starttime: 16:24
Heat: 10/10 Lane : 6 Athlete: CAUDRON XIBE			Q-time: 00:55:84
PB (50m pool): 00:55.84 Lochristi 01/02/2026			PB (25m pool): 00:54.90 SB: 00:55.84 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	00:55.84	
	no time		
			

Coach feedback: